The FDLP Community site has a 15 minute idle timeout, which means that if you are creating a blog or other content on the site, if you are idle for more than 15 minutes, the system will automatically log you out. This includes the time you are idle when writing a blog. Here are two tips to prevent getting timed out and losing your data:

- 1. Copy/paste your blog before hitting the save button. At least you will have your content in case were idle for more than 15 minutes.
- 2. Write your blog text prior to logging into the site and then copy/paste your content it the MyBlog editor.

Please note that if you choose method #2, **PLEASE do not copy/paste from Microsoft Word**. MS Word has its own proprietary HTML code. This code will be transferred when copying/pasting from MS Word to the FDLP Community site. Please practice safe HTML when using our site.